

# Fieldcraft Equipment

## Field First Aid



### Team First Aid Kit Wound Care Module Checklist

The Team First Aid Kit contains a separate wound care kit that allows for treatment of cuts, abrasions, insect stings and bites, blisters and burns without unpacking all of the full contents of the Team level kit. This module expands on the contents of the Personal First Aid Kit, allowing for treatment of multiple Team members beyond the individual kit, and contains an assortment of larger self-adhesive bandages. This kit can be adjusted to meet the needs of any environment or outing, and any season.

The list below offers a suggestion of the items that should be contained in the Wound Care Module of a Team First Aid Kit.

We also encourage you to seek further information and training from a medical professional or enroll in a Wilderness First-Aid course.



A *Team First Aid Kit* Wound Care Module should include:

- bandage/tape shears
- alcohol pads - 10
- roll waterproof first aid tape 1/2 inch - 1
- medium (3 x 4 inch) non-adherent dressing pads - 4
- 4 x 4 inch sterile gauze dressing pads - 4
- large elbow/knee self-adhering dressing - 4
- fingertip self-adhering dressing - 4
- knuckle self-adhering dressing - 4
- large self adhering dressing - 4

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- wound closure strips 1/2 inch - one packet
- small clear bio-occlusive (tegaderm) dressing - 4
- Mefix tape or Leukotape strip - 16 inches
- triple antibiotic ointment - 4 packets
- "skin prep" skin protectant wipes - 4 packets
- "sting relief" insect sting swabs - 4 packets
- moleskin dressing - 4 x 4 inch pad
- safety pin - 4

These components should be assembled and carried in a separate case or pouch to protect the contents of the kit and keep the contents organized. The entire wound care module should then be packed in the pouch or case of the Team First Aid Kit.

The Wound Care Module should always be kept with the Team First Aid Kit, and the contents should be checked frequently for integrity and expiration of contents.

