



# Fieldcraft Equipment

## Field First Aid



- alcohol wipes for wound cleaning - 10 wipes
- antibiotic ointment to prevent infection - 2 packets
- various size adhesive bandages - 4 large, 10 small
- 2x2 sterile gauze pads - 4 pads
- medical tape - 1 small roll or one 12 inch strip of tape wrap
- moleskin - 4 strips or one 4x4 sheet
- small scissors (scissors on a Swiss Army Knife work well)
- a pair of tweezers (tweezers on a Swiss Army Knife work well)
- triangular bandage - used to fashion a sling or immobilization wrap
- four safety pins
- alcohol based sanitizing gel or hand wipes
- small pocket notebook or index cards with a pencil

These components should be assembled and carried in a water-proof pack or pouch to protect the contents of the kit. The pocket notebook is carried separately in a waterproof bag; and the Swiss Army Knife is carried in a belt pouch, or in a pocket.

This level of kit is intended for personal use, and should be carried in a cargo pocket or belt pouch so that it is always available for use while in the field.

