## Fieldcraft Skills



## Field Cooking

### Camp Fruit Cobbler

This is a quick easy recipe that can be made with a minimum of cooking gear. The only required equipment includes a 4 or 5 quart Dutch oven, and a 9 inch pie pan.

This recipe can be prepared as a desert, a campfire snack, or as a breakfast treat. This recipe can also be adapted for home cooking in a traditional oven.

The cobbler can be served with powdered sugar sprinkled on top or topped with whipped cream. If made at home, it pairs well with vanilla ice cream.

#### Ingredients:

Topping ingredients:

- □ 1 cup rolled oats
- □ 1 cup of all-purpose flour (white or wheat)
- □ 3/4 cup loosely packed brown sugar (light or dark)
- □ 1/4 cup of chopped walnuts (optional depending upon filling used)
- $\Box$  1 stick (1/2 cup) of butter (to be melted just prior to baking)

The following optional filling ingredients are needed - only one of each is used:

- 4 to 6 apples any variety (approx baseball size)
- □ 1 can of peaches (20 ounce or larger)
- 1 can of blueberry pie filling (20 ounce or larger)
- 1 can of cherry pie filling (20 ounce or larger)
- □ 1 can of pears (20 ounce or larger)
- 1 can of any berry pie filling (20 ounce or larger)

#### Pre-camp preparation:

When using fresh apples combine the following ingredients in a 1 gallon freezer bag:

- □ 4 tablespoons granular sugar
- □ 2 teaspoons cinnamon
- □ 1/4 teaspoon ground nutmeg (optional depending upon filling used)
- $\Box$  1/2 cup of raisins (optional depending upon filling used)

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#### In camp preparation:

If preparing cobbler using fresh	apples combine the	following ingredients in a
1 gallon freezer bag:		

- peel, core, and cut apples into approx 1/4 inch slices
- place apple slices in the bag with the sugar & cinnamon mix
- $\Box$  seal and shake the bag, coating the apple slices with the mix
- $\Box$  add the optional raisins and shake bag to coat
- □ layer coated apple slices in bottom of a 4 quart or 5 quart Dutch oven \*

If preparing cobbler using canned fruit or pie filling:

- open and pour the entire contents of the can in the bottom of the pie pan or Dutch oven
- peach or pear filling can be lightly dusted with cinnamon
- □ chopped walnuts can be used with cherry filling
- ☐ if using canned filling is used, dust the filling in the pan with a small amount of flour to prevent the topping from soaking into the fruit

Combine the following ingredients in a 1 gallon freezer bag:

- $\Box$  shake to mix the oats, flour, and brown sugar
- melt butter and add to dry mix
- knead the mix to distribute melted butter until the mix forms small clumps
- add optional chopped walnuts and shake into mix
- add dry mix on top of the layered apples and evenly distribute with a fork, but do not press down. Keep the topping loose.
- place the pan in the Dutch oven and place the lid on top

#### Baking the Cobbler:

- baking temperature is 370 to 380 degrees for 30 to 40 minutes
- baking time is dependent upon size of Dutch oven and filling used in preparation
- baking is complete when the topping is crisp and light brown

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#### Tips for success in preparing this cobbler at camp:

- □ pre-heat Dutch oven over bed of coals
- a parchment liner or inner pan can be used to facilitate easier clean-up in a
  Dutch oven
- □ use commercial charcoal to manage baking temperature especially if preparing this or any dish for the first time

Baking the Cobbler at home:

- $\Box$  a 9 inch deep pie pan or square pan can be used
- □ baking temperature is 375 degrees for 35 to 40 minutes
- $\Box$  baking is complete when the topping is crisp and light brown
- ☐ the cobbler can be served with powdered sugar sprinkled on top or topped with whipped cream or vanilla ice cream

\* Any variation of this cobbler recipe can be prepared at home by doubling all of ingredients and using a  $12 \times 8$  inch pan. The baking time and temperature remain the same.