

# Fieldcraft Skills

## The Essential Knots



### The Yosemite Bowline

The Yosemite Bowline is a variation of the bowline that adds an extra security measure to the fixed immovable loop that is often used in rescue application, as well as climbing applications. The Yosemite Bowline is tied using the same "rabbit comes out of its hole, runs around behind the tree, and jumps back into its hole" method, with the extra wrap and pass of the running end back thru the loop to finish the knot.



Start by forming an eyelet from the standing end (long end) of the rope by bringing the running end (shorter end) over the standing end of the rope.

This forms the "hole".

Hold the eyelet in your left hand and secure the tip of the running end with your right hand.

This is "the rabbit".



Pass the tip of the running end of the cordage thru the eye and pass it behind the standing end of the rope.

This step is "the rabbit comes out of the hole, and runs around the tree"

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The running end continues around behind the standing end and is inserted back into the eyelet.

This continues "the rabbit goes around the tree and then jumps back into the hole".



The running end continues around behind the standing end and is inserted back into the eyelet.

This continues "the rabbit goes around the tree and then jumps back into the hole".

The running end then passes behind the main loop, and is fed back thru the upper loop in line with the long standing end of the main cordage.

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Tighten and dress the knot. When tied correctly, the loop will not slip, it will not get any bigger or smaller when tension is applied.

The added pass of the running end back thru the main eye increases the integrity of the bowline making it an ideal choice for rescue and climbing applications.