

# Fieldcraft Equipment

## The Absolute Essentials



Being Prepared to face any situation in the outdoors is necessity, with that in mind, this list details The Absolute Essentials. These items are the absolute minimum of gear that everyone should carry when venturing into the outdoors.

- pocketknife or multi-tool*  
the most essential primary tool
- personal first-aid kit*  
a basic first aid kit for to treat yourself for common injuries
- full water container*  
a minimum of one liter bottle capable of being refilled and used multiple times
- fire starting kit*  
carry at least 2 methods of starting a fire in a waterproof package
- rain gear*  
a poncho or a breathable rain jacket and pants
- trail food*  
think snack items, not a full meal that requires preparation
- flashlight or headlamp*  
carry spare batteries in a waterproof package
- compass & map*  
a compass is necessary for navigation, and a map makes navigation possible. When possible, a current map is essential.
- spare clothing*  
to match the weather. At the very least, extra socks and a dry undershirt
- environmental protection*  
sunblock, sunglasses, lip balm, a wide-brimmed hat and insect repellent as needed
- cordage*  
at least 15 feet of cordage - paracord, tarred mariner's line/bank line or similar cordage